Medicare Select Companies As of April 30, 2006

1.	Blue Cross Blue Shield of Alabama 450 Riverchase Pkwy East Birmingham, AL 35244	Contact Company for exact rates
	Inside Birmingham area Outside Birmingham area	(205) 733-7044 1-888-417-4775
2.	United Healthcare Insurance Company AARP Health Care Options P O Box 130 Montgomeryville, PA 18936-0130	Contact Company for exact rates
	Customer Service	1-800-523-5800